



Your playlist is your perfect mix,
your benefits should be too.

Let's Rock Enroll





Benefits Open Enrollment November 5-16, 2018

Broward Health is excited to offer a new mix of benefits for 2019 designed to provide you with more comprehensive healthcare coverage. Review this guide and visit a benefits fair to learn more.

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Highlights for 2019

Broward Health is offering a mix of new benefits and enhancements to existing benefits designed to provide you with more comprehensive coverage.

Medical

- No premium increases for any of the medical plans.
- No increases to medical deductibles or copays.
- Aetna will administer the Best Choice medical plan, providing access to new healthcare management tools and services at no additional cost.

Dental

- More comprehensive Reliance PPO coverage with lower premiums.
- Aetna dental DMO plan with lower premiums and lower copays.

Vision

- Aetna vision plan with lower premiums and lower copays, even for exams.

Financial Security

- Option to purchase \$500,000 of extra life insurance without medical screening (up to \$1 million with medical approval). Option to purchase more coverage for spouses too.
- Shorter waiting period to collect short-term disability benefits.
- Lower premiums for long-term disability.



Medical Plan Premiums and Options

AETNA BEST CHOICE PPO

AETNA EPO

AETNA HDHP

BIWEEKLY PLAN PREMIUMS (full-time staff)

Employee Only	\$54.99	\$72.22	\$8.09
Employee + Spouse	\$133.13	\$168.93	\$35.66
Employee + Child(ren)	\$91.84	\$118.21	\$20.07
Employee + Family	\$191.94	\$240.72	\$59.22

BIWEEKLY PLAN PREMIUMS (part-time staff)

Employee Only	\$100.56	\$121.83	\$15.46
Employee + Spouse	\$234.15	\$278.40	\$136.68
Employee + Child(ren)	\$163.88	\$196.46	\$92.11
Employee + Family	\$329.46	\$389.67	\$196.75

NOTE: All premiums shown are biweekly for non-smokers.

There is a \$28.85 biweekly smokers' surcharge, which applies to adult smokers covered under the Broward Health/Aetna medical plan. A biweekly surcharge of \$51.92 applies if both the covered employee and spouse smoke. Through Broward Health's smoking cessation program, you can get the help you need to quit smoking for free. Visit Employee.BrowardHealth.org for details.

Medical Plan Comparison Chart

Plan Provisions	AETNA BEST CHOICE PPO		AETNA EPO	AETNA HDHP	
	In Network ¹	Out of Network	In Network Only	In Network	Out of Network
Calendar Year Deductible					
Individual	\$150	\$150	\$250	\$1,500	\$3,000
Family	\$400	\$400	\$750	\$3,000	\$6,000
Preventive Care Services (see page 9 for details)					
Preventive Care	\$0 copay	Covered at 60% after deductible	\$0 copay	\$0 copay	Covered at 60% after deductible
Physician Expenses					
Primary Care Physician	\$20 copay	Covered at 60% after deductible	\$25 copay	Covered at 80% after deductible	Covered at 60% after deductible
Specialist	\$25 copay	Covered at 60% after deductible	\$35 copay	Covered at 80% after deductible	Covered at 60% after deductible
Hospital Expenses					
Inpatient ²	Covered at 100% after \$100 copay	\$500 deductible, then covered at 60%	Broward Health facility: \$250 copay Aetna network: \$750 copay	Covered at 80% after deductible	Covered at 60% after deductible
Emergency Room ³	\$75 copay	\$75 copay	\$150 copay	Covered at 80% after deductible	Covered at 80% after deductible
Urgent Care	\$20 copay	Covered at 60% after deductible	\$35 copay	Covered at 80% after deductible	Covered at 60% after deductible

1. Includes additional participating providers in the Aetna network for physician services.
2. May be subject to deductible, copay or coinsurance.
3. Not covered if non-emergency.

Medical Plan Comparison Chart

Plan Provisions	AETNA BEST CHOICE PPO		AETNA EPO	AETNA HDHP	
	In Network	Out of Network	In Network Only	In Network	Out of Network
Outpatient Services⁴					
Surgery	\$50 copay	Covered at 60% after deductible	Broward Health facility: \$100 copay Aetna network: \$350 copay	Covered at 80% after deductible	Covered at 60% after deductible
High-End Imaging	\$10 copay	Deductible, then covered at 60%	Broward Health facility: Deductible, then covered at 90% Aetna network: Deductible, then covered at 80%	Covered at 80% after deductible	Covered at 60% after deductible
Lab Work	\$5 copay	Covered at 60% after deductible	Broward Health facility: Deductible, then covered at 90% Aetna network: Deductible, then covered at 80%	Covered at 80% after deductible	Covered at 60% after deductible
Other Services⁴					
Outpatient Therapy (Physical, Speech, and Occupational) per visit	\$5 copay (60 visits per year)	Covered at 60% after deductible (60 visits per year)	Covered at 90% after deductible (60 visits per year)	Covered at 80% after deductible (60 visits per year)	Covered at 60% after deductible (60 visits per year)
Medical/Rx Out-of-Pocket Maximum					
Individual	\$2,000	None	\$3,000	\$5,000	\$10,000
Family	\$4,000	None	\$6,000	\$7,000	\$20,000

4. May be subject to deductible, copay or coinsurance.

Save Money on Health Care

Choose the healthcare plan that's best for you. If you need help comparing the plans, contact the Benefits team.

Take advantage of free preventive care screenings, which are included in all Broward Health/Aetna medical plans. From well-child visits to annual physicals, well-woman exams and colonoscopies, there's an array of services offered to help you stay healthy.

Make sure your providers are in-network. By staying in-network, you don't have to worry about any unexpected charges. Also be sure the lab and specialists you visit are in-network, even if your doctor refers you to them. All Broward Health/Aetna medical plan members can visit Broward Health, Quest and LabCorp for routine tests and blood work.

Get a free flu shot to help minimize your chances of getting sick. Free flu shots are offered during flu season at Employee Health Services, participating pharmacies and physician's offices. Employees are required to either receive a flu shot or file an exemption each year. Contact your Human Resources department for details.



Preventive Care

FREE PREVENTIVE SERVICE

COVERAGE

Adult Annual Physicals/Labs

Annual exam after age 18.

Breast Cancer Screening

One screening or diagnostic mammogram annually, including breast ultrasound.
Based on doctor's recommendation.

Colorectal Cancer Screening

Annual colonoscopy, fecal occult blood test, flexible sigmoidoscopy, or double barium enema
based on doctor's recommendation.

HPV Vaccine

Three doses (ages 9 to 26).

Immunizations

To view the list, visit [cdc.gov/travel](https://www.cdc.gov/travel).

Routine Immunizations

Visit [cdc.gov/vaccines/schedules](https://www.cdc.gov/vaccines/schedules) for vaccination guidelines.

Well-Child Care

All well-child visits through age 18.

Well-Woman Visit

Annual exam and pap smear.

Women's Coverage

Covers certain oral contraceptives at no cost, along with free breastfeeding supplies.

NOTE: These free screenings are available based on age, medical necessity, doctor's recommendation and when using an in-network provider. This table is only a summary. Please visit [healthcare.gov](https://www.healthcare.gov) for a complete list of preventive care services.

Prescription Drugs

There's an app for that.

Download the **CVS Caremark** app to find network pharmacies, refill medications, check drug costs and more. You can also visit **Caremark.com/StartNow** or call 866.260.4646, 24 hours a day, seven days a week.

Prescription drug plan is administered by CVS Caremark.

Once enrolled in a Broward Health/Aetna medical plan, you'll receive a separate CVS Caremark ID card. The card should be used when picking up your prescriptions at any participating retail pharmacy. Each medical plan covers the same prescription drugs, but the copays/coinsurance differ by plan. In the Aetna HDHP Plan, most prescription drugs are only covered after you've met your deductible.

Drugs may move up or down a tier in 2019. View an updated list of covered drugs and costs at **Employee.BrowardHealth.org**.

In-Network Benefits	Aetna Best Choice PPO	Aetna EPO	Aetna HDHP
Tier 1	\$10	\$10	Covered at 80% after deductible
Tier 2	\$25	\$30	Covered at 80% after deductible
Tier 3	\$40	\$50	Covered at 80% after deductible
Tier 4	\$50 \$10 at Broward Health Medical Center Outpatient Pharmacy	\$75 \$10 at Broward Health Medical Center Outpatient Pharmacy	Covered at 80% after deductible
90-day supply via Mail Order	2.5x the monthly copay through mail order	2.5x the monthly copay through mail order	Covered at 80% after deductible

We are here to treat you like family because *we are family.*

As a member of our employee team, the Broward Health Physician Group welcomes the opportunity to care for you and your loved ones.

With more than 70 physicians conveniently located throughout the county, Broward Health Physician Group has you covered, with specialties that include:

- **Cardiology**
- **Cardiovascular Surgery**
- **Endocrinology**
- **Family Medicine**
- **Gastroenterology**
- **Hematology/Oncology**
- **Internal Medicine**
- **Interventional Cardiology**
- **Interventional Neurology**
- **Neurosurgery**
- **Orthopedic Surgery & Sports Medicine**
- **Pediatrics**
- **Pediatric Gastroenterology**
- **Pediatric Endocrinology**
- **Pediatric Hematology/Oncology**
- **Thoracic Surgery**
- **Transplant Surgery**

To find a physician, visit **[BrowardHealth.org/Physicians](https://www.browardhealth.org/Physicians)** or call **954.759.7400**.



*Broward Health Physician Group attempts to maintain the most current information. However, providers and/or practice locations may have changed since publication. Please verify before making an appointment.

BrowardHealth.org • Follow us:    

Flexible Spending Accounts

A Flexible Spending Account (FSA) allows you to set aside pre-tax dollars from your paycheck to help pay for out-of-pocket expenses such as medical plan deductibles and copays, prescription drugs, contact lenses and child care. The money is conveniently deducted from your pay over 12 months. Broward Health offers two FSAs. You can sign up for one or both.

HEALTHCARE FSA

Set aside a maximum of \$2,600 per year to pay for your family's eligible healthcare expenses. Family members include anyone you claim as a dependent on your tax return.

DEPENDENT CARE FSA

Set aside a maximum of \$5,000 per year (based on tax filing status) to pay for dependent day care (or night care), including care for elderly parents.

If married, both you and your spouse must be working for dependent care expenses to be reimbursable. Eligible dependents include your child or stepchild (under the age of 13); a child of any age who is physically or mentally incapable of caring for themselves; or elderly persons who are financially dependent upon you.

Email **Benefits@BrowardHealth.org** for assistance with submitting claims for reimbursements.

2019 Deadline

Submit claims by

Healthcare and Dependent Care FSA

March 31, 2020

Health Savings Account

If you're enrolled in the Aetna Choice High Deductible Health Plan (HDHP), you're eligible to participate in a Health Savings Account (HSA). An HSA allows you to set aside pre-tax dollars to help pay for your family's eligible healthcare expenses. The money is conveniently deducted from your pay over 12 months, and all participants receive a separate card from Aetna/PayFlex to help pay for out-of-pocket expenses such as medical plan deductibles and copays, prescription drugs and contact lenses.

Family members include anyone you claim as a dependent on your tax return. This is true even if you have an employee-only HDHP.

If you're enrolled in the HSA, there's no need to enroll in a healthcare FSA since they cover the same expenses. However, you may want to consider enrolling in a dependent care FSA if you anticipate having eligible child care expenses next year.

Coverage	Maximum Annual Contribution Amount
Employee Only	\$3,500
Family	\$7,000
HSA catch up (55 & older)	\$1,000

Dental Plan

DMO PLAN

Aetna will administer the dental DMO plan in 2019, resulting in more comprehensive coverage, as well as lower copays and premiums.

The selection of a primary care dentist is encouraged and can be changed at any time. To locate a primary care dentist, visit aetna.com or call 1.877.238.6200.

PPO PLAN

The PPO will be administered by Reliance Dental in 2019, resulting in an increase to the annual benefit amount and a decrease in copays and premiums.

BIWEEKLY PLAN PREMIUMS	AETNA		RELIANCE	
	Full-Time	Part-Time	Full-Time	Part-Time
Employee Only	\$3.51	\$5.27	\$4.77	\$7.16
Employee + Spouse	\$6.67	\$10.01	\$9.92	\$14.88
Employee + Child(ren)	\$6.32	\$9.48	\$9.29	\$13.93
Employee + Family	\$7.78	\$11.67	\$15.76	\$23.64

PLAN FEATURES

Deductible				
In & Out-of-Network*				
Annual Maximum				
Primary Care Dentist Required				
Annual Cleaning & Preventive Services				
Orthodontics Co-Pay				
Orthodontics Lifetime Maximum				
Lower Bi-Weekly Premiums for 2019				

*If you use an out-of-network dentist, you'll end up paying more. Save money by using an in-network dentist with the PPO Plan.

When you don't feel well, whether mentally or physically, chances are you won't perform at your best. Broward Health offers access to several resources that can help you enhance your emotional well-being.

EMPLOYEE ASSISTANCE PROGRAM

Broward Health's Employee Assistance Program offers free, confidential assessments, as well as referral and counseling services for all employees and eligible family members. Licensed professional staff offer a broad array of clinical and work-life services including coaching, consultations and wellness resources. Call 954.847.4EAP for more information.

AETNA MENTAL HEALTH

Broward Health/Aetna medical plan participants are eligible for mental health coverage through Aetna.

Medical Plan	Service	Cost
Aetna Best Choice PPO	Specialist visit	\$20 copay
	In-patient hospitalization	\$100 copay (in network)
Aetna Select EPO	Specialist visit	\$35 copay
	In-patient hospitalization	\$250 copay (Broward Health facility)
Aetna HDHP	Specialist visit	Covered at 80% after deductible (in-network)
	In-patient hospitalization	Covered at 80% after deductible (in-network)

Able To

If you're enrolled in any of the Broward Health/Aetna medical plans, you're eligible to participate in AbleTo. The wellness program is delivered privately and confidentially through one-on-one phone or video chats with a professional therapist or coach. Learn more online at ableto.com or by calling 1.833.498.5360.

Mental Health



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Benefits to enhance your...

Financial Security

LIFE INSURANCE

Equal to your annual salary, rounded up to the nearest \$1,000, up to \$500,000. Coverage is paid by Broward Health and begins on the first of the month following your date of hire.

ACCIDENTAL DEATH & DISMEMBERMENT (AD&D) INSURANCE

Equal to your annual salary, rounded up to the nearest \$1,000, up to \$500,000. Coverage is paid by Broward Health and begins on the first of the month following your date of hire.

SUPPLEMENTAL LIFE INSURANCE BENEFITS

During Open Enrollment, employees can purchase up to \$500,000 in supplemental life insurance without answering any medical screening questions. Employees may purchase up to \$1,000,000 if approved after answering medical screening questions. Insurance can be purchased in \$10,000 increments. Coverage for spouses is available for up to \$50,000 without a medical screening, and up to \$250,000 with medical approval. Coverage of \$10,000 is available for dependent children without a medical screening.



Benefits to enhance your...

Financial Security

STAFF SHORT-TERM DISABILITY

If you're sick or injured and unable to work, short term-disability pays you up to 60 percent of your weekly pay for up to 24 weeks.

For 2019, you'll begin receiving benefits 18 days after you become sick or injured instead of 30 days.

STAFF LONG-TERM DISABILITY

If you're sick and unable to work for more than 180 days, long-term disability pays you up to 60 percent of your monthly pay. Broward Health pays half the premium, while you pay the other half.

For 2019, premiums will be reduced and you'll pay a small amount of tax on the premium paid by Broward Health. By paying that small amount of tax, the benefits you receive while disabled won't be taxable to you, making the 60 percent benefit worth much more when you need it most.

Note: Management will also be taxed on long-term disability premiums paid by Broward Health.

Vision Benefits

AETNA VISION

Aetna will administer the vision plan, providing more comprehensive coverage with lower premiums and copays, even for exams.

Benefits include:

- Yearly exam deductible of \$15 when using an in-network provider.
- In and out-of-network options.
- Single, bifocal, trifocal and lenticular lenses covered in full when using an in-network provider (allowances provided when out-of-network).
- Standard contact lenses covered in full. Premium contact lenses covered with a 10 percent discount, plus \$40 allowance when using an in-network provider.
- Lasik or PRK discount of 15 percent off retail price or 5 percent off promotional price at participating U.S. Laser Network providers.

BIWEEKLY PLAN PREMIUMS	Full-Time	Part-Time
Employee Only	\$0.75	\$1.12
Employee + Spouse	\$1.47	\$2.20
Employee + Child(ren)	\$1.34	\$2.00
Employee + Family	\$2.06	\$3.08

Travel Benefits

ON-CALL TRAVEL ASSISTANCE

If you need assistance while traveling, Broward Health provides 24-hour access to an emergency travel companion for you and your eligible dependents. Through On Call International, you can get help with missing luggage, a lost passport, illness, injury or prescription refill when more than 100 miles from home. Visit the Benefits website to print your ID card and carry it with you. In the U.S., call toll-free 1.800.456.3893. Worldwide, call collect at 603.328.1966.

AETNA EMERGENCY MEDICAL COVERAGE

If you experience a medical emergency and need to visit an emergency room anywhere in the U.S. or around the world, you are covered through the Broward Health/Aetna medical plan. If you are admitted to an inpatient facility, you should immediately notify your primary care doctor and Aetna. In other cases, you should notify your primary care doctor and Aetna within 48 hours of an emergency.

IDENTITY THEFT RECOVERY ASSISTANCE

Employees can take advantage of free identity theft recovery assistance and real-time card monitoring through InfoArmor. In addition to the recovery program, you also have access to real-time card monitoring through WalletArmor® to protect your wallet's contents, passwords and important personal documents. Call 1.855.246.7347 or visit reliancestandard.com/walletarmor to enroll.





National experts suggest saving a total of at least 15 percent of your earnings to meet your retirement goals. Broward Health offers three ways to help you do just that.

THE PENSION

The pension is funded by Broward Health and provides a contribution of 5 percent toward your retirement. While 5 percent is a great start, it is always a good idea to contribute money of your own to the 403(b) plan.

*Eligible employees are automatically enrolled after one full year of employment and are fully vested after five years of eligible service.

THE 403(b)

The 403(b) plan allows you to make pre-tax, voluntary contributions toward your retirement at any time. Additionally, Broward Health provides a matching contribution of 2.4 percent after one year of service when you contribute at least 5 percent of your pay.

THE 457(b)

If you're contributing the maximum to the 403(b), consider putting additional pre-tax dollars into the 457(b).

Start Saving Today

Create your retirement account online with **Fidelity** or **VALIC**.

Fidelity

403(b), Plan #60314

457(b), Plan #65512

800.343.0860

netbenefits.com/browardhealth

VALIC

Plan #09091

800.448.2542

valic.com



Retirement Programs

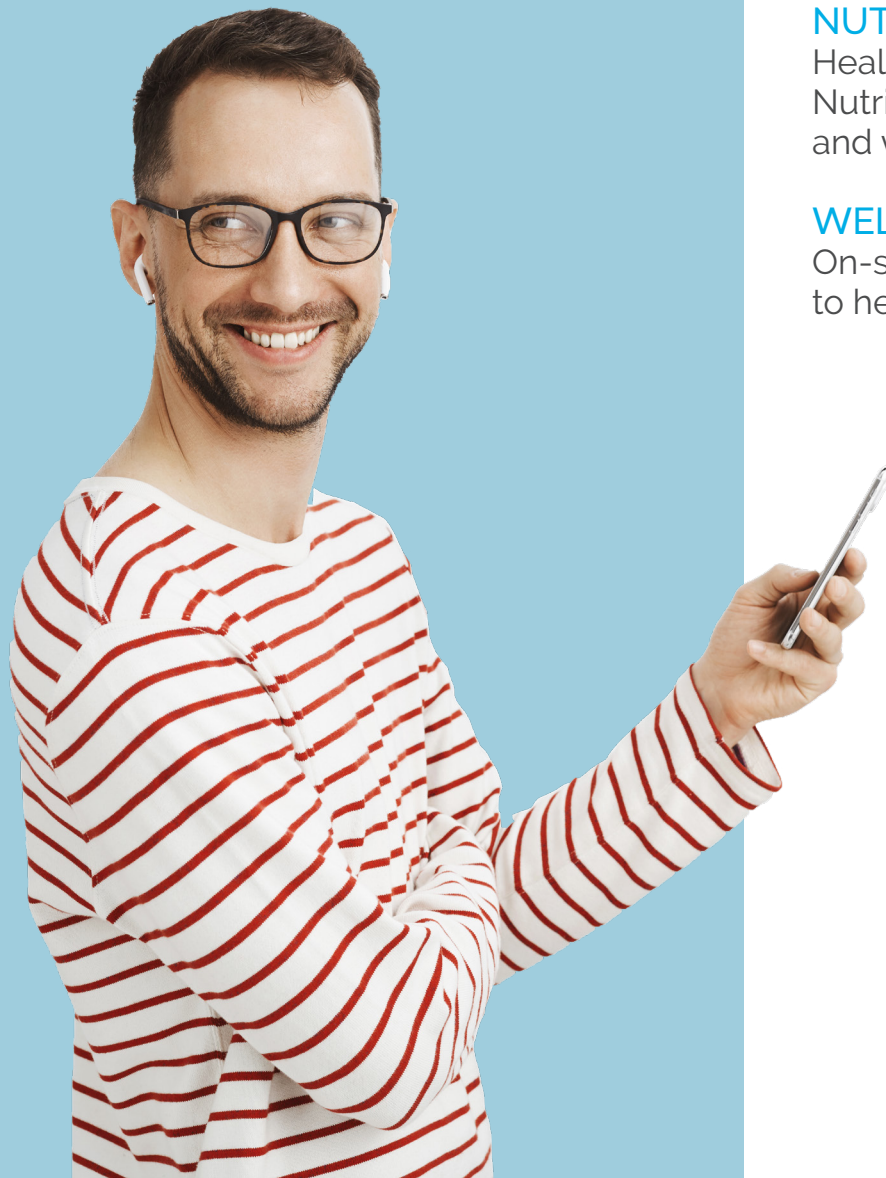
Questions?

Send an email to:

Benefits@BrowardHealth.org

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Stay well all
year long with our...



Wellness Programs

NUTRITION RESOURCES

Healthy eating options are offered at regional medical centers. Nutritional information posted on food choices supports wellness and weight management.

WELLNESS CENTERS

On-site wellness centers offer convenient and affordable access to help you get in shape or maintain a healthy lifestyle.

SEMINARS

Educational seminars on health and wellness topics, including mind-body wellness issues, financial wellness, stress management, child and elder care information are provided by Employee Assistance Program and Employee Health Services.

PREVENTIVE CARE

Free preventive care services are offered for all employees and covered dependents enrolled in any of the Broward Health/Aetna medical plans.



Continued...

Wellness Programs

EMPLOYEE HEALTH

Regional Employee Health Centers offer free vaccines for employees, including the seasonal Influenza vaccine and Tdap (tetanus, diphtheria, and pertussis), health screenings, wellness information and education for healthy living and disease prevention.

ONSITE RETAIL PHARMACY

Onsite retail pharmacies provide fast, convenient and affordable services to fill and pick up your prescriptions, over-the-counter medicines, vitamins or other healthcare items.

EMPLOYEE ASSISTANCE PROGRAM (EAP)

Confidential assessment, referral and counseling services are available for all employees and benefits-eligible family members. Licensed professional staff offer a broad array of clinical and work-life services including coaching, consultations and wellness resources. Contact EAP for information regarding free sessions at 954.847.4EAP.

TOBACCO FREE/HEALTHY LIFESTYLE

Discounted premiums are available for employees and spouses/partners who do not utilize tobacco products. Additionally, smoking cessation programs are available at various locations. For more information, please contact EAP at 954.847.4EAP.

HEALTH RISK ASSESSMENT

This online screening tool is designed to help you identify personal health risks and develop a plan for healthier living. Assessments will be available from January through April 2019. Visit **Employee.BrowardHealth.org** and click on Employee Benefits to learn more.

Additional Benefits *Education*

Broward Health is committed to the personal and professional development of its employees. We are happy to financially assist employees who meet certain requirements to pursue degree programs and certificate exams at non-profit accredited institutions.

Upon completion of the application process, full-time and part-time employees who have completed three calendar months of continuous eligible employment and have a favorable performance evaluation may qualify to participate in the tuition and certification reimbursement benefit.

Tuition Reimbursement

Reimbursement up to \$5,000 per calendar year for degree programs within the following guidelines:

- Associate's degree reimbursable up to \$105 per credit hour
- Bachelor's degree reimbursable up to \$200 per credit hour
- Master's degree reimbursable up to \$370 per credit hour

Certification Reimbursement

Reimbursement up to \$500 per calendar year for approved certificate exam programs.

The tuition and certification benefit also includes reimbursement for degree programs or certificate exams that may not be directly related to one's current position at Broward Health. As we try to support areas looking for new talent such as nursing, we know that the best place to start is often from within.

If you are interested in pursuing a career with Broward Health that is outside of your current role and require additional education to do so, please review the tuition and certification reimbursement policy or contact Benefits at **Benefits@BrowardHealth.org**.

Additional Benefits

Recognition

Brightest Star

The Brightest Star is an annual system-wide accolade for staff members who were previously recognized for making significant contributions within their departments and for representing the Broward Health Five Star Values (exceptional service to all, accountability for positive outcomes, fostering an innovative environment, collaborative organizational team and valuing our employee and community family). Visit your Human Resources department to learn more.

Service Awards

Broward Health believes in recognizing and rewarding employees for their years of commitment and dedication to the organization. Beginning at five years of service, and continuing at five-year intervals thereafter, employees are recognized through an annual program where they receive a certificate and monetary award.





Additional Benefits *Development*

The Department of Learning provides employees with live and online opportunities to maximize performance, while enhancing their skills, experience and development. The programming ranges from general professional development to specific knowledge and skills training needed to accomplish assigned non-clinical and clinical tasks.

Advanced clinical training is offered in collaboration with Broward College for development in specialty care areas. Attendance is compensated by Broward Health. Registration requires manager approval.

An approved American Heart Association Training Center, the Department of Learning provides **resuscitation training** to more than 3,500 staff annually.

Contact hours for continuing education may be available for many programs, dependent upon the professional discipline requirements, to assist employees in meeting mandatory healthcare professional education requirements for maintenance of their licensure. Educational activities are posted on MyPlace and HealthStream.

Staff and management development classes are available throughout the year on a variety of topics.

Advanced leadership programs, such as the Talent Development Series and Broward Health Leadership University (BHLU), are offered at designated times throughout the year and are open to all employees. The programs are designed to develop and sustain a workplace culture that values professional development and personal growth.

For more information, contact the Department of Learning at 954.888.3515.

Notices

NOTICE REGARDING MEDICAL PLAN UPDATES

Affordable Care Act Preventive Services

Due to the Affordable Care Act (ACA), several additional preventive services will be covered in-network with no cost sharing. These services include diabetes screening (adults 40-70 whom are overweight/obese), high blood pressure screening for adults, and tobacco use counseling and interventions. A complete listing of services can be located on MyPlace, the Broward Health employee intranet, under the Human Resources/Benefits tab.

Notice Regarding Wellness Programs

Broward Health has a voluntary wellness program available to all employees. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others.

Wellness Programs' Reasonable Accommodation for the HRA, Tobacco

If you are unable to participate in any of these programs under HIPAA, GINA, ADA or the ACIP, you may request a reasonable accommodation or an alternative standard by contacting EAP at 954.847.4EAP. Approved exemptions will be considered as compliant for applicable discounts and/or credits.



Notices

Protections from Disclosure of Medical Information

We are required by law to maintain the privacy and security of your personally identifiable health information. Although the wellness program and Broward Health may use aggregate information it collects to design a program based on identified health risks in the workplace, Broward Health will never disclose any of your personal information either publicly or to the employer, except as necessary to respond to a request from you for a reasonable accommodation needed to participate in the wellness program, or as expressly permitted by law. Medical information that personally identifies you that is provided in connection with the wellness program will not be provided to your supervisors or managers and may never be used to make decisions regarding your employment.

Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements.

In addition, all medical information obtained through the wellness program will be maintained separate from your personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

For additional information regarding these notices, please refer to the Broward Health Employee Benefits page: **Employee.BrowardHealth.org/Pages/Employee-Benefits**.



We Invite You to Visit the Wellness Center at Broward Health Medical Center.

At the Wellness Center you will find a modern, 10,000-square-foot state-of-the-art facility offering over 48 fitness classes and exercise equipment. Our “no pressure environment” is inviting and comfortable, ensuring full focus during your workout.

The Wellness Center features:

- **Cardiopulmonary Rehabilitation**
- **Diabetes Education**
- **Educational Lectures**
- **Express Workouts**
- **Free Veterans Yoga**
- **H.I.I.T Training**
- **Kick Boxing**
- **Massage Therapy**
- **Nutrition Counseling**
- **Personal Training**
- **Pilates**
- **Senior Fitness Classes**
- **Spinning**
- **Weight Loss Program (Lean & Fit)**

HOURS OF OPERATION

Monday-Thursday: 5am-9pm, Friday: 5am-7pm
Saturday: 8am-2pm, Sunday: 10am-4pm

EMPLOYEE PACKAGE RATE: **\$15 Bi-Weekly**

Includes all classes (*payroll deduction*).

COMMUNITY RATE: **\$38 Monthly**

Includes all classes (*one time enrollment fee of \$49*).

For information, visit **BrowardHealth.org/BHWellness**
or call **954.355.5521**.



BrowardHealth.org • Follow us:    

1600 S. Andrews Avenue, Fort Lauderdale

Flu shots are available free of charge to employees through Employee Health Services. You may also receive a flu shot from your primary care physician or at a local pharmacy. If you participate in any of the Broward Health medical plans, the flu shot is covered at \$0 copay when using in-network physicians or pharmacies.

To help maintain a safe environment and protect those around us, all Broward Health employees will be required to either receive a flu shot or file an exemption each year. Please remember to obtain written proof of immunization, including the date and type of vaccination, as well as the name of the provider who administered the vaccine.



Free Flu Shots.

Flu shot consents can now be completed digitally on MyPlace. Navigate to any tab within MyPlace and select the flu shot icon to get started.

Contact your Human Resources department for more information.



We're Here When You Need Us

BROWARD HEALTH URGENT CARE, WHEN LIFE BRINGS THE UNEXPECTED.

Our team is standing by ready to assist you and your family when you need immediate attention. Open in Plantation, Coral Springs, and Weston, our urgent care centers provide fast, convenient care for minor injuries and illnesses, as well as vision testing, immunizations, and physicals.

- *Backed by Broward Health hospitals*
- *Board certified physicians and nurse practitioners*
- *Most insurances accepted*
- *No appointment needed*
- *Open 7 days a week*
- *Seamless transition to Broward Health ERs if needed*
- *Urgent care pricing, NOT hospital pricing*
- *X-ray capabilities*

For information, visit [BrowardHealth.org/UrgentCare](https://www.BrowardHealth.org/UrgentCare).



Coral Springs • Plantation • Weston

BrowardHealth.org • Follow us:    



We Want the Best for Your Family, Especially on Their Worst Days

Broward Health offers emergency services for everyone in your family, from pediatric to senior care. With a level 1 trauma center and pediatric emergency rooms, we're here when you need us.



4 Locations, Open 24/7.

**BROWARD HEALTH
MEDICAL CENTER**
1600 S. Andrews Avenue
Fort Lauderdale
954.355.4400

**BROWARD HEALTH
CORAL SPRINGS**
3000 Coral Hills Drive
Coral Springs
954.344.3000

**BROWARD HEALTH
IMPERIAL POINT**
6401 N. Federal Highway
Fort Lauderdale
954.776.8500

**BROWARD HEALTH
NORTH**
201 E. Sample Road
Deerfield Beach
954.941.8300

For more information visit [BrowardHealth.org](https://www.BrowardHealth.org)



Follow us:    



IMPORTANT CONTACTS

Aetna Dental	877.238.6200
Aetna Medical	877.245.1813
Aetna Vision	877.973.3238
Broward Health Benefits Department	954.473.7377
Broward Health Credit Union	954.625.3660
Broward Health Employee Assistance (EAP)	954.847.4327
	800.343.2186
CVS Caremark Pharmacy	866.260.4646
Fidelity Investments	800.343.0860
Reliance Standard Dental/Vision	800.497.7044
Reliance Standard Identity Theft	855.246.7347
Reliance Standard STD/LTD	800.866.2301
(Matrix Absence Management)	
Reliance Standard Travel Assistance	800.456.3893
Reliance Standard Voluntary Life Insurance	800.351.7500
The Work Number (Employment Verification)	800.367.5690
VALIC	800.448.2542
Wells Fargo	800.869.3557