

Quality health plans & benefits  
Healthier living  
Financial well-being  
Intelligent solutions



## Reach for your fitness goals and get some cash back **Aetna Fitness Reimbursement Program**

### **Exercise is for EVERYONE.**

It helps you gain more energy, focus, confidence...even avoid stress and disease. Now you can find healthy ways to get there.

### **Your healthy choices are now more affordable**

With the Aetna Fitness Reimbursement Program, you get cash back on gym memberships, group exercise classes, nutritional counseling and more.

The program is yours at no extra cost. To get cash back, all you have to do is sign up. Read on to learn how.

## Start here—your member website

Just log in at [www.aetna.com](http://www.aetna.com). Choose the **Stay Healthy** tab. Click the **Fitness Reimbursement Program** link.

### Now getting cash back is easy:

1. Use eligible products and services.
2. Submit your receipts.
3. Earn reimbursement.

## You get reimbursed for how you like to get fit

With this program, you can take many paths to living healthy—in ways that work for you.

### Here are some eligible services:

- Gym memberships
- Group exercise classes
- Weight management programs
- Personal training
- Nutritional counseling by a registered dietitian
- Exercise equipment
- Fitness tracking devices

## This program gives you more

It's powered by GlobalFit®. They're the nation's most comprehensive provider of gyms and programs to support healthy lifestyles. So you have lots of choices. And you can take the path to fitness that suits you.

## Important program details

- You can turn in your receipts anytime during the plan year. You get reimbursed quarterly. How much you get back depends on the amount your employer has chosen.
- Your family members may be eligible too. Just check with your employer.
- You must submit a fitness reimbursement request within 90 days of the end of your plan term. You can't roll over any unused cash to the next year.

## To sign up:

- Log into your member account at [www.aetna.com](http://www.aetna.com)
- Choose the **Stay Healthy** tab
- Click the **Fitness Reimbursement Program** link

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